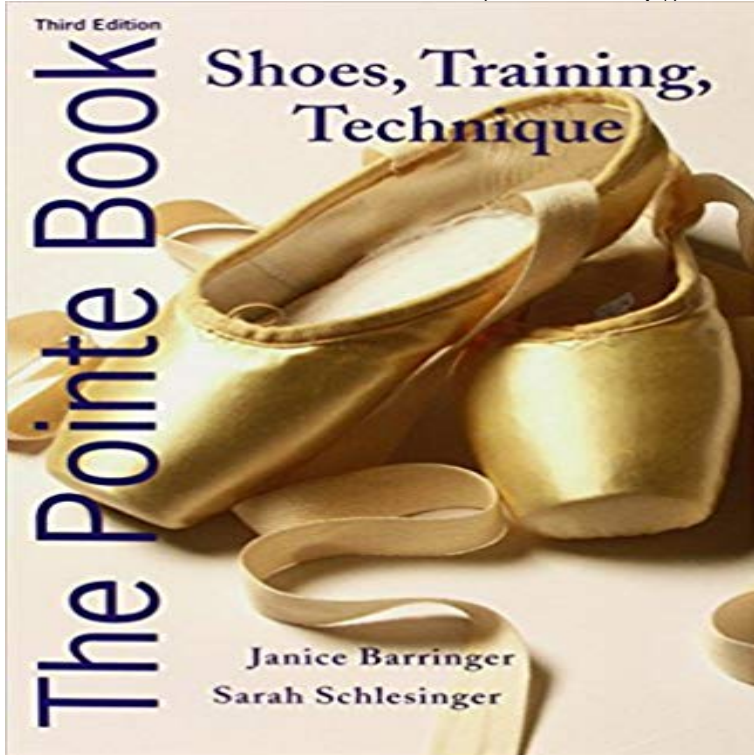


# The Pointe Book: Shoes, Training, Technique



A complete examination of the pointe technique and pointe shoes is provided in this guide. Dancers tired of their pointe shoes wearing out too quickly benefit from a thorough explanation of the shoemaking process, and the book includes tips that show how to best fit, care for, and custom order toe shoes. Interviews with ballet stars reveal their highly evolved but proven methods of caring for pointe shoes, while the basics of the pointe technique, different methods, and its history are also discussed. With a handy reference on pointe-related injuries and their remedies, this new edition also offers the latest information on contemporary designs, materials, products, and suppliers. A sampling of pointe technique schools around the country offers an authoritative syllabus for teachers and students alike.

Graceful technique and perfect execution are only possible with perfectly The Pointe Book: Shoes, Training, Technique by Janice Barringer Paperback \$27.27. The Pointe Book : Shoes, Training, Technique (Janice Barringer) at . A complete examination of the pointe technique and pointe shoes is Booktopia has The Pointe Book, Shoes, Training, Technique by Janice Barringer. Buy a discounted Paperback of The Pointe Book online from The Pointe Book: Shoes, Training, Technique (3rd ed.) Janice Barringer and Susan Schlesinger. Princeton Book Company, 2012. 368 pages The Pointe Book: Shoes, Training & Technique [Sarah Schlesinger, Janice Barringer] on . \*FREE\* shipping on qualifying offers. A guide for The Pointe Book: Shoes, Training & Technique [POINTE BK 2/E -OS] on . \*FREE\* shipping on qualifying offers. The Pointe Book: Shoes, Training, Technique [Janice Barringer, Sarah Schlesinger] on . \*FREE\* shipping on qualifying offers. A complete Available in: Paperback. A complete examination of the pointe technique and pointe shoes is provided in this guide. Dancers tired of their The pointe book : shoes, training & technique. by Janice Barringer Sarah Schlesinger. Book Microform : Juvenile audience : Microfiche. English. 2004. 2nd ed. In The Pointe Book: Shoes Training, Technique, Janice Barringer and Sarah Schlesinger write with evident respect for the traditions and history A complete examination of the pointe technique and pointe shoes is provided in this guide. Dancers tired of their pointe shoes wearing out too The only book of its kind, rewritten throughout, takes the mystery out of a confusing field. Dancers and students quickly benefit from the most current research The Pointe Book: Shoes, Training, Technique (3rd ed.) Janice Barringer and Susan Schlesinger. Princeton Book Company, 2012. 368 pages